



Guidance for communities on supporting people bereaved through suicide

This two hour presentation is part of an initiative from the HSE National Office for Suicide Prevention, to enhance communication and support for communities bereaved through suicide. This presentation will be provided in response to an invitation from a community. Venues may include community halls, workplaces, GAA and/or sports clubs.

What to expect from this presentation

This is an information presentation which aims to provide participants with;

- An understanding of the grieving process, acknowledging the range of emotions people may experience following a bereavement through suicide
- Knowledge on how to provide support to individuals, families and communities bereaved through suicide
- Knowledge of available help and supports and how to access them.

Important to note

The community presentation needs to be delivered as part of a coordinated and coherent response to a community who have experienced a death through suicide.

Duration

Two hours, including time for questions.

Contact information